1. DON’T FEED THE ROACHES:

- Eat at the table, not all over the house.
- Clean up crumbs immediately.
- Store leftovers in covered containers.
- Close all open food bags tightly (chips, candy, cereal).
- Rinse your dirty dishes well and immediately. Never put unrinsed plates, bowls, or utensils in the dishwasher unless you are going to run it immediately.
- Keep all trash covered tightly.
- Put the cap back on the toothpaste!
- Empty the trash often.

2. CUT OFF THE ROACHES’ WATER:

- Turn off water faucets tightly. Fix leaky faucets.
- Rinse and dry the sink after you brush your teeth.
- Drain water in the sink.
- Wipe all counters dry.
- Look for and repair leaky pipes.

3. DON’T PROVIDE ROOMS FOR ROACHES:

- Shake bags outside.
- Empty boxes outside.
- Don’t let newspapers, cardboard, and magazines pile up.
- If you find even a small crack in baseboards or spaces around pipes or doors, tell an adult.