Directions:

1. Give each child a construction paper strip, two straws or pipe cleaners, and two craft or cotton balls.

2. Children glue the balls to the tips of the straws or pipe cleaners.

3. Children attach straws or pipe cleaner antennae to the inside of the construction paper band using masking tape.

4. Children place the construction band around their head (horizontally).

5. Teacher tapes band to fit each child’s head size.

6. Wearing their head bands, children may have jumping contests either inside or on the playground.